



I'm going to conclude my discussion on having a relationship with Jesus Christ this week. Actually, I'm sure this won't really conclude, because I will no doubt be coming back to this issue some time in the future. It is an important issue that we need to continue discussing.

It has been said that it doesn't really matter what we do as long as we have a relationship with Christ. This is true only as long as we work to maintain that relationship in our lives. It is true that the Word of God became flesh and invited us to enter into the same relationship with him that we could have with any other person. With that being true, it also means that we must work to maintain that relationship, just as we would with any other person. I can look to another person and say that is my friend and we have a good relationship, but is that really true if I have not seen or even spoken to this person in years?

Having a relationship with Christ begins with being in contact with him. It has to start with prayer. This should be a part of our daily routine. It does not have to be a long complicated process, but it should be something we do every day. Why is this so important? This is what being in a relationship is all about. No relationship we develop will ever last if we ignore the other person, or make trivial details in our lives more important than the people we care about. Imagine a man refusing to spend time with his wife or even speak to her and then saying this is ok because they love each other and have a good relationship. How long will that last?

Jesus will always walk with us in our lives and dwell in our hearts whenever we invite him. At the same time, he is extending invitations to us. How often do we accept his invitations? He gave his life to set us free from our bondage to sin. Every time we come to Mass we are sharing in that sacrifice that purchased our salvation. How can we expect to build our relationship with Christ while refusing this invitation? All of the sacraments are gifts freely given by Christ. They are opportunities for us encounter power of the Holy Spirit in our lives. What kind of relationship will we have if we say we don't need these gifts or simply make other things more important?

Yes, it has been said that we can do anything with our lives as long as we have a relationship with Christ. St. Augustine wrote, "love God, and then do as you will." He did not mean that I am free to do whatever I want with my life as long as I say I love God. What he meant was if I truly love God as he loves me, then my love for him will guide my will. If I truly love God then doing what I want, and doing what God desires from me will become the same thing.

*Fr. Chris*



## CLUSTER PRAYER LIST Those who bear the burden of years and those who have asked for our prayers:

**Sacred Heart:** Deborah Hanzlik, Janet Beaudet, Sharla Kirk, Anh Cao, Binh Cao, Phyllis Gagne, Donna Sarver, Thomas Bird, Carl Hall, John Mertz, Helen Tres, Evelyn Rivera, Kathy Marr, Debbie Stidfole Agurwal, Nancy Clemons, Anna Liszeski, David Paden, Eileen Mozucha, Barbara Kirk, Deacon Bob Baker, Jerry Chambers, Raul Rosa Viera, Emily Chudoba, Thelma Herrera Lara, Sam Mikulcik, Carlos Rivera, Mike O'Hare, Susan MacLaughlin, Sharon K. Pilarinos, Kathy Sansom, Delores Daniel, Janet Potter

**St. James:** Catherine Romig, Felix Licicero, Anne & Sam Richeson, Crista Cole, Jimmy Carter, Mary Kain, Audrey Keith, Anita Anthony, Wayne Whitehead, Bill Brown, Casey McQuillan, Glenn Toenniges, Tomas Rose, Jimmy Clark, John Seckora, Robert McGough

**St. Johns:** Dick Clark, John Stech, Ernest & Sheree Cerny, Dorothy Kohout, Etna Traylor, Steve Kofron, Joan Lonnemann, Matt MacLaughlin, Patsy Stech, Joe Stech, Santi Santos, Stuart Reynolds, Bill Kaspar, Judy Newsome, Michael (MJ) Schofield, Frank Stech, Deborah Ryan, Candence Andusko, Donet Poindexter

### **Diocese of Arlington· Diocese of Richmond**

On Tuesday, November 7, Virginians will elect their governor, lieutenant governor and attorney general. To help voters prepare for these elections the Virginia Catholic Conference has released its 2017 voter education materials. The Conference has compiled three separate side-by-side comparisons of the positions of candidates for state offices. Conference staff compiled **Know the Positions of the Candidates for Governor**, **Know the Positions of the Candidates for Lieutenant Governor**, and **Know the Positions of the Candidates for Attorney General** from policies, public statements, official campaign websites, party platforms and other sources. The Conference, which represents Virginia's bishops on public policy matters, neither supports nor opposes candidates for public office. As they consider these races and also local House of Delegates races, voters are encouraged to turn to the wisdom of the Catholic Church as they form their consciences by consulting the **Four Principles of Catholic Social Teaching**. These materials can be found at [www.vacatholic.org](http://www.vacatholic.org). Spanish translations are available.



**DON'T FORGET DAYLIGHT SAVING TIME  
ENDS ON SUNDAY, NOVEMBER 5th at  
2:00am—SO TURN YOUR CLOCKS BACK  
ONE HOUR**

**MEETINGS THIS WEEK:**

**Church of the Sacred Heart**

Sunday, 22nd 9:15am Christian Formation (all grades)  
 9:15am Adult Faith Formation  
 10:00am Middle School Rally-Virginia Beach  
 10:45am Confirmation Class (SH)  
 Monday, 23rd 7:00pm Stewardship Meeting  
 7:30pm Music Planning  
 Tuesday, 24th 5:00pm Deacon's meeting  
 7:00pm Alpha Training  
 Wednesday, 25th 10:30am Bible Study  
 6:00pm Dance Class  
 6:30pm Spanish Choir Practice  
 Thursday, 26th 7:00pm Choir Practice  
 Friday, 27th 7:30pm Ultreya-St Joseph Church  
 Saturday, 28th 11:30am WOW Group  
 6:00pm Trunk or Treat  
 Sunday, 29th 9:15am Christian Formation (all grades)  
 9:15am Adult Faith Formation  
 9:15am RCIC

**Saint James Church**

Sunday, 22nd 9:30am Religious Formation—All Ages  
 11:00am Mass  
 12:00-4:00pm FALL FESTIVAL  
 12:30-2:00pm Confirmation Class at Sacred Heart  
 Monday, 23rd 6:00pm Hopewell community meal @ Parish Hall  
 6:30pm Mass  
 Wednesday, 25th 5:30pm Reconciliation & Holy Hour  
 6:30pm Mass  
 7:00pm Choir Practice  
 Thursday, 26th 12:00pm Mass  
 Sunday, 29th 9:30am Religious Formation –All ages

**Saint Johns Church**

Wednesday, 25th 6:00pm Adoration—All are invited  
**NOVEMBER 4th: Holiday Bazaar at St John's**—mark your calendar now and plan to attend. Crafts, Brunswick Stew—FUN FUN FUN!!!

**PLEASE NOTE THAT ST JOHNS NOW HAS OFFICE HOURS FROM 3:00pm-4:00pm WEDNESDAYS WITH FR. JULES and DEACON MATT.**

**Sponsor of the Week**

We would like to thank "Virginia Heating & Cooling" this week for sponsoring an ad in our weekly bulletin.

**MASS INTENTIONS**

**Church of the Sacred Heart**

Saturday, 21st 5:00pm Charlie and Jonathan Eddy and Robert Fisher req by Bertie Eddy  
 Sunday, 22nd 8:00am Deceased members of the Parish  
 11:00am Peter So Van Cao req by Sang Cessna  
 1:00pm Deceased members of the Parish  
 3:00pm Rosary  
 Monday, 23rd 6:30pm Holy Hour & Benediction  
 Tuesday, 24th 6:30pm Armand Gagne req by Phyllis Gagne  
 Wednesday, 25th 10:00am Virginio Castro Lopez req by Elizabeth Castro  
 Friday, 27th 10:00am Sick and Homebound  
 5:30pm Rosary  
 Saturday, 28th 5:00pm Robert Graff req by Amy & Mike Steele  
 Sunday, 29th 8:00pm Deceased Members of the Parish  
 11:00am Peter So Van Cao req by Sang Cessna  
 1:00pm Deceased Members of the Parish  
 3:00pm Rosary

**Saint James Church**

Saturday, 21st 5:30pm Josephine Alessi  
 Sunday, 22nd 11:00am Anne Kump Moore  
 Thursday, 26th 12:00pm Evelyn John & Jones family  
 Sunday, 29th 11:00am Evelyn Dane

**Saint Johns Church**

Saturday, 21st 4:00pm for Flo Lopinsky req by Rick & Norma Lonnemann  
 You are invited: Every Wednesday evening at 6pm for Adoration



**VETERANS DAY MASS & LUNCH  
 SUNDAY, NOV 12th**

We will be honoring our Veterans with a lunch in the Parish Hall after our 11:00AM Mass on Sunday, November 12th.

This will be a pot luck lunch so please save the date and find your best pot luck recipe to help honor those who have served our country.

*All veterans please bring a photo of when you served in the military. We want to share those memories with our community. Please provide prior to event for setup.* All photos will be returned. Any questions please contact Barbara Zello 804-943-3957 or Robin Harris.

## Tips to Stay Smart, Sharp, and Focused

### Use Your Brain

It's true: Use it or lose it. Stretching your brain keeps your mind sharp. People who are more active in mentally challenging activities are more likely to stay sharp. Try these:

- ⇒ Read a book.
- ⇒ Go to a lecture.
- ⇒ Listen to the radio.
- ⇒ Play a game.
- ⇒ Visit a museum.
- ⇒ Learn a second language.

### Mix Things Up

Remember trying to talk backwards as a child? Researchers at Duke University created exercises they call "neurobics," which challenge your brain to think in new ways. Since your five senses are the key to learning, use them to exercise your mind. If you're right-handed, try using your left hand. Drive to work by another route. Close your eyes and see if you can recognize food by taste.

### Music Helps your Brian

Thank your mom for making you practice the piano. Playing an instrument early in life pays off in clearer thinking when you're older. Musical experience boosts mental functions that have nothing to do with music, such as memory and ability to plan. It also helps with greater hand coordination. Plus, it's fun -- and it's never too late to start.

Make friends with your Mind

Be a people person! Talking with others actually sharpens your brain, whether at work, at home, or out in your community. Studies show social activities improve your mind. So volunteer, sign up for a class, or call a friend!

### *C.P.A.'s and Financial Planners*

Free Lunch and Learn Seminar with CPE credits regarding the **Education Improvement Tax Credit Scholarship program (EISTC)**

Be a guest of the Diocese for Mass, lunch and a continuing professional education opportunity for CPAs and financial planners on Wednesday, November 1. Come learn how Virginia's Education Improvement Scholarships Tax Credits (EISTC) program is providing tremendous tax benefits to donors, and granting millions of dollars in scholarships to K-12 students who otherwise could not afford to attend Catholic schools. Since Nov. 1 is a Holy Day of Obligation, join us at the Diocesan Pastoral Center (located at 7800 Carousel Lane, Richmond VA 23294) at 12:00 noon for Mass (optional), lunch at 12:30 (optional), and the EISTC presentation from 1:00-1:50 pm. For C.P.A.'s, the seminar will provide one hour of continuing education credit. To register, please contact Miriam Tice at 804-622-5201 or [mtice@richmonddiocese.org](mailto:mtice@richmonddiocese.org)

### ALL SAINTS DAY MASS SCHEDULE

*(All Saints Day is a Holy Day of Obligation)*

Sacred Heart: Wednesday, November 1st at  
10:00am & 7:00pm

St. John's: Tuesday, October 31st at 7:00pm  
Wednesday, November 1st at 9:00am

St. James: Tuesday, October 31st at 6:30pm  
Wednesday, November 1st at 6:30pm

### ALL SOULS DAY MASS SCHEDULE

*(All Souls is **not** a Holy Day of Obligation)*

Sacred Heart: Thursday, November 2nd at 10:00am  
Following the Eucharist, we will have a  
brief Prayer of Remembrance in the  
parish cemetery (weather permitting)

St. John's: Thursday, November 2nd at 9:00am

St. James: Thursday, November 2nd at 12:00pm



**2017 RED MASS**

The Very Reverend Monsignor Mark Richard Lane, Diocesan Administrator, and The Saint Thomas More Society invite everyone in the Richmond Diocese to join in worship and fellowship at the **34th Annual Red Mass and Dinner on Thursday, October 26**. Reverend Monsignor R. Francis Muench, J.C.L., Judicial Vicar for the Diocese of Richmond will celebrate the Red Mass. Mass is at 5:30 p.m. at Saint Mary Church, 9505 Gayton Road, Richmond. The dinner will follow in the Saint Mary Church Upper Commons. The keynote address will be given by Professor Hadley Arkes, Founder and Director of the James Wilson Institute on Natural Rights and the American Founding. Tickets for the dinner are \$65.00 each. The Saint Thomas More Society is an educational, fraternal, and service organization of Catholic lawyers. Further information can be obtained from Society President, James Schliessmann, [jeschliessmann@hotmail.com](mailto:jeschliessmann@hotmail.com) or 804-873-1035.



*Twenty-ninth Sunday in Ordinary Time  
October 22, 2017*

“Give to God what is God’s.” You belong to Christ and Christ is God’s! How will you respond to so great a love? Is He asking you to follow Him by serving in the priesthood or consecrated life? Call Father Michael G. Boehling, Vicar for Vocations, at (804) 359-5661 or email [mboehling@richmonddiocese.org](mailto:mboehling@richmonddiocese.org).



"Then repay to Caesar what belongs to Caesar and to God what belongs to God." Discern how to give thanks to God for our spouses by attending a **Worldwide Marriage Encounter (WME)** weekend. The next weekends are: Nov 10-12, 2017 in ATLANTIC BEACH, NC and Feb 2-4, 2018 in Clemmons, NC. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/> or contact us at [applications@renewmarriage-vasouth.org](mailto:applications@renewmarriage-vasouth.org) or 757-690-1369.



## EVANGELIZATION Three Parishes – One God

***“All are called, few will respond!”***

Do you have a bible in your home? Do you know where it is and where it came from? Is it in like new condition or is it beat up with pages falling out, markings on many pages, well used! Reading the bible is not something that most people do on a regular basis. I know that some of you do follow the daily readings of the Church and may spend more time in the bible than others. The bible is not a book that is meant to be read from front to back and there are hundreds of guides on how to read your bible, depending on what your goal is.

If you would like to know more about the bible and how to get the most out of reading it please join us on Tuesday evenings at the Church of the Sacred Heart in the parish center for “A Quick Journey Through the Bible”. This is an eight-week course in which we will learn more about the bible, its origin, how it is organized, why some bibles are different from others and how to get the most out of reading it.

We will meet on Tuesday evenings following the 6:30 Mass in the Parish Center. If you have a bible, bring it, if not come anyway and we will help you in narrowing down your search for the bible that best meets your needs. By Christmas you will have a better understanding the bible and how it can affect your life through regular reading. What a great way to start the new year!

### ***What are you going to do with your 40 minutes this week?***

If you feel called to “Evangelization”, join us as we further our faith and do the work that God has called us to do. Your Unified Parishes’ Evangelization Team meets on the third Monday each month in the Parish Center at The Church of The Sacred Heart in Prince George, please join us. We are looking for individuals who are willing to “Encounter The Joy of The Gospel and Set the World Ablaze.

***“Are you willing to step up for Christ”***

This message is brought to you by **“The Unified Parishes’ Evangelization Team”**

***“Finding The Joy of Christ Together”***

