



Last week I wrote about having a relationship with Jesus Christ, and why many people believe incorrectly that this is not something taught by the Catholic Church. It has been said that all we need to have in our lives is a relationship with Jesus Christ. I say this is true. I know not everyone will agree with that, so I'd like to discuss exactly what that means. Am I saying that all I need in my life is Jesus and me? Am I saying that as long as I have that relationship, it doesn't matter whether or not I go to Mass, or whether I agree with any other teaching of the Church because I have a relationship with Jesus? No. To unpack what I am saying, we need to discuss what it truly means to have a relationship with Jesus Christ.

We are not called to simply have a relationship with Christ, we are called to have a good one. That means we need to love him. What does that mean? Well, that one is easy, because he told his disciples this one in his farewell discourse found in John's Gospel. It's even carved in stone over the front entrance to our cathedral in Richmond. *If you love me, keep my commandments.* To which commandments is he referring? All of them or some of them? Well, as I've already said, that statement came from John's Gospel. If we read the rest of John's Gospel, we see that in the entire text, Jesus only ever gave his disciples one commandment. Just one. *My commandment is that you love one another as I have loved you.* If we want to embrace the relationship with Christ that he is inviting us to have, we must be able to love those around us in the same way. This also shows us the basis for the Church being the body of Christ. I can abandon the Church and still seek a relationship with Christ, but I cannot ever experience the fullness of that relationship without the Church.

When we act together as the body of Christ, we show the world how to experience that same relationship. Why is this so important? Look at Christ's life and ministry and how much of his life was dedicated to the service of others. If we want to know him and dedicate our lives to him, we have to seek to be like him. If I abandon the Church and its teaching and say all I need in my life is Christ, then I'm not serving him. I'm serving myself. We can spend our lives seeking a relationship with Christ, but we will never understand what that means unless we learn to care for those around us more than ourselves.

*Fr. Chris*



## **CLUSTER PRAYER LIST** **Those who bear the burden of years and those who have asked for our prayers:**

**Sacred Heart:** Deborah Hanzlik, Janet Beaudet, Sharla Kirk, Anh Cao, Binh Cao, Phyllis Gagne, Donna Sarver, Thomas Bird, Carl Hall, John Mertz, Helen Tres, Evelyn Rivera, Kathy Marr, Debbie Stidfole Agurwal, Nancy Clemons, Anna Liszeski, David Paden, Eileen Mozucha, Barbara Kirk, Deacon Bob Baker, Jerry Chambers, Raul Rosa Viera, Emily Chudoba, Thelma Herrera Lara, Sam Mikulcik, Carlos Rivera, Mike O'Hare, Susan MacLaughlin, Sharon K. Pilarinos, Kathy Sansom, Delores Daniel, Janet Potter

**St. James:** Felix Licicero, Anne & Sam Richeson, Crista Cole, Jimmy Carter, Mary Kain, Audrey Keith, Anita Anthony, Wayne Whitehead, Bill Brown, Casey McQuillan, Glenn Toenniges, Tomas Rose, Jimmy Clark, John Seckora, Robert McGough

**St. Johns:** Dick Clark, John Stech, Ernest & Sheree Cerny, Dorothy Kohout, Etna Traylor, Steve Kofron, Joan Lonnemann, Matt MacLaughlin, Patsy Stech, Joe Stech, Santi Santos, Stuart Reynolds, Bill Kaspar, Judy Newsome, Michael (MJ) Schofield, Frank Stech, Deborah Ryan, Candence Andusko, Donet Poindexter



### **Diocese of Arlington · Diocese of Richmond**

On Tuesday, November 7, Virginians will elect their governor, lieutenant governor and attorney general. To help voters prepare for these elections the Virginia Catholic Conference has released its 2017 voter education materials. The Conference has compiled three separate side-by-side comparisons of the positions of candidates for state offices. Conference staff compiled **Know the Positions of the Candidates for Governor**, **Know the Positions of the Candidates for Lieutenant Governor**, and **Know the Positions of the Candidates for Attorney General** from policies, public statements, official campaign websites, party platforms and other sources. The Conference, which represents Virginia's bishops on public policy matters, neither supports nor opposes candidates for public office. As they consider these races and also local House of Delegates races, voters are encouraged to turn to the wisdom of the Catholic Church as they form their consciences by consulting the **Four Principles of Catholic Social Teaching**. These materials can be found at [www.vacatholic.org](http://www.vacatholic.org). Spanish translations are available.

**MEETINGS THIS WEEK:****Church of the Sacred Heart**

- Sunday, 15th 9:15am Christian Formation (all grades)  
9:15am Adult Faith Formation  
9:00am Newcomer Reception  
12:00pm Newcomer Reception
- Monday, 16th 7:00pm Evangelization Meeting
- Tuesday, 17th 7:00pm Alpha Formation
- Wednesday, 18th 10:30am Bible Study  
4:00pm Staff meeting  
5:30pm Finance Council meeting  
6:00pm Dance Class  
6:30pm Spanish Choir Practice
- Thursday, 19th 7:00pm Choir Practice
- Saturday, 21st 11:00am Prince George County Czech Festival  
11:30am WOW Group
- Sunday, 22nd 9:15am Christian Formation (all grades)  
9:15am Adult Faith Formation  
10:00am Middle School Rally-Virginia Beach  
10:45am Confirmation Class (SH)
- Saint James Church**
- Sunday, 15th 9:30am Religious Formation –All ages
- Monday, 16th 6:00pm Hopewell community meal @ Parish Hall  
6:30pm Mass
- Wednesday, 18th 5:30pm Reconciliation and Holy Hour  
6:30pm Mass  
7:00pm Choir Practice
- Thursday, 19th 12:00pm Mass
- Sunday, 22nd 9:30am Religious Formation—All Ages  
11:00am Mass  
12:00-4:00pm FALL FESTIVAL  
12:30-2:00pm Confirmation Class at Sacred Heart
- Saint Johns Church**
- Wednesday, 18th 6:00pm Adoration—All are invited

**PLEASE NOTE THAT ST JOHNS NOW HAS OFFICE HOURS FROM 3:00pm-4:00pm WEDNESDAYS WITH FR. JULES and DEACON MATT.**

**Sponsor of the Week**

We would like to thank

**“St Joseph Catholic School”**

this week for sponsoring an ad in our weekly bulletin.

**MASS INTENTIONS****Church of the Sacred Heart**

- Saturday, 14th 5:00pm Art & Joyce Rakers req by the Family
- Sunday, 15th 8:00pm Deceased Members of the Parish  
11:00am Peter So Van Cao req by Sang Cessna  
1:00pm Deceased Members of the Parish  
3:00pm Rosary
- Monday, 16th 6:30pm Holy Hour & Benediction
- Tuesday, 17th 6:30pm Anna Vinh req by Sang Cessna
- Wednesday, 18th 10:00am Sick and Homebound
- Friday, 20th 10:00am Sick and Homebound  
5:30pm Rosary
- Saturday, 21st 5:00pm Charlie and Jonathan Eddy and Robert Fisher req by Bertie Eddy
- Sunday, 22nd 8:00am Deceased members of the Parish  
11:00am Peter So Van Cao req by Sang Cessna  
1:00pm Deceased members of the Parish  
3:00pm Rosary

**Saint James Church**

- Saturday, 14th 5:30pm Salvador Trujillo
- Saturday, 21st 5:30pm Josephine Alessi
- Sunday, 22nd 11:00am Anne Kump Moore

**Saint Johns Church**

- Saturday, 14th 4:00pm Mary Grace Catamusto req by Elizabeth Mirro
- You are invited: Every Wednesday evening at 6pm for Adoration**

**AQUIA PILGRIMAGE October 28, 2017:** Please join **The Catholic Woman’s Club of Richmond** on their annual pilgrimage to Aquia in Stafford County. All are invited to attend. The cost is \$68 per person and includes round trip transportation from The Columbian Center 2324 Pump Road, Henrico, VA, outdoor mass at the Brent Family Cemetery which dates to 1686, buffet lunch at St. William of York, self-tour of Occoquan, snacks, bottled water and gratuity. 9am departure; 5pm return. Send your check, made out to CWC, to Joan Walton 300 Burnwick Road, Richmond, VA 23227. Payment is due no later than October 20, 2017. If you are interested in only attending the mass it will be held at 11 am and you will be responsible for your own transportation and lunch.

**October is  
Breast  
Cancer  
Awareness  
Month**

Each year, nearly 13,000 women under age 40 will be diagnosed with breast cancer, making up about 7% of all breast cancer cases, and 40% of all cancers of women in this age group. Throughout her lifetime, a woman has a 1 in 8 risk of developing breast cancer. No matter what your age you need to be aware of risk factors. In many cases of breast cancer early diagnosis is the key to survival.

**Know the Risk Factors**

Younger women may have a higher risk for developing breast cancer with the following risk factors:

- ⇒ Certain inherited genetic mutations for breast cancer (BRCA 1 and/or BRCA2)
- ⇒ A personal history of breast cancer before age 40
- ⇒ Two or more first-degree relatives (mother, sister, and daughter) with breast cancer diagnosed at an early age
- ⇒ High-dose radiation to the chest

**Be Persistent Speak up**

Be your own health advocate and make sure you mention any breast changes or lumps to your doctor. Some patient concerns are dismissed because they are "too young" to have breast cancer. If you think you feel something, seek answers. Don't be afraid to get a second opinion and more information.

**Young Breast Cancer Prevention for Women**

- ⇒ If you are a young woman there are some risk factors for breast cancer you can avoid.
- ⇒ Exercise Regularly
- ⇒ Eat a healthy diet, with emphasis on plant foods
- ⇒ Limit consumption of red meats and processed meats
- ⇒ Maintain a healthy weight
- ⇒ Limit or avoid alcohol consumption
- ⇒ If possible avoid shift work, especially at night

Changing your lifestyle and habits may not completely prevent you from getting cancer but it can lower your risk, especially if you have some unavoidable risk already such as genetic history.

**Find the Right Doctor**

It is important to find the right medical team to work with you. You may see different types of oncologist (cancer specialist) including medical, surgical and radiation. The specialist you see should be well versed on all new treatments and approaches including genetic and neoadjuvant therapy (chemotherapy prior to surgery).



**Holiday Festival of  
Music Tickets on Sale Now!**

Get your tickets now for this year's 26<sup>th</sup> annual Holiday Festival of Music, featuring the Richmond Symphony and choirs from Cathedral of the Sacred Heart, Deep Run High School, St. Gertrude High School, University of Richmond, and VCU. Tickets are on sale now and going fast! Join us Monday, November 27 at 7:00 p.m. Learn more at [www.cccofva.org](http://www.cccofva.org).

**Caregiver Relief Volunteers Needed**

By volunteering for just a few hours a month, you can provide companionship to an elderly person while giving their family caregiver a much-needed break. Your time and efforts can make a difference in keeping loved ones with their families. To learn more, call 804.545.5916.

**#GivingTuesday**

Celebrated around the world on the Tuesday following Thanksgiving, Black Friday, and Cyber Monday, #GivingTuesday kicks off the charitable season. Since its inaugural year in 2012, #GivingTuesday has become a movement that celebrates and supports giving and philanthropy. Learn more on CCC's Facebook page!

**Readings for the Week of October 15, 2017**

<b>Sunday</b>	<b>Twenty-Eighth Sunday in Ordinary Time</b> Is 25:6-10a; Ps 23:1-3a, 3b-4, 5, 6; Phil 4:12-14, 19-20; Mt 22:1-14 or 22:1-10
<b>Monday</b>	<b>Saint Hedwig, Religious; Saint Margaret Mary Alacoque, Virgin</b> Rom 1:1-7; Ps 98:1, 2-3ab, 3cd-4; Lk 11:29-32
<b>Tuesday</b>	<b>Saint Ignatius of Antioch, Bishop and Martyr</b> Rom 1:16-25; Ps 19:2-3, 4-5; Lk 11:37-41
<b>Wednesday</b>	<b>Saint Luke, Evangelist</b> 2 Tm 4:10-17b; Ps 145:10-11, 12-13, 17-18; Lk 10:1-9
<b>Thursday</b>	<b>Saints John de Brébeuf and Isaac Jogues, Priests, and Companions, Martyrs</b> Rom 3:21-30; Ps 130:1b-2, 3-4, 5-6ab; Lk 11:47-54
<b>Friday</b>	<b>Saint Paul of the Cross, Priest</b> Rom 4:1-8; Ps 32:1b-2, 5, 11; Lk 12:1-7
<b>Saturday</b>	Rom 4:13, 16-18; Ps 105:6-7, 8-9, 42-43; Lk 12:8-12
<b>Sunday</b>	<b>Twenty-Ninth Sunday in Ordinary Time</b> Is 45:1, 4-6; Ps 96:1, 3, 4-5, 7-8, 9-10; 1 Thes 1:1-5b; Mt 22:15-21



**2017 RED MASS**

The Very Reverend Monsignor Mark Richard Lane, Diocesan Administrator, and The Saint Thomas More Society invite everyone in the Richmond Diocese to join in worship and fellowship at the **34th Annual Red Mass and Dinner on Thursday, October 26**. Reverend Monsignor R. Francis Muench, J.C.L., Judicial Vicar for the Diocese of Richmond will celebrate the Red Mass. Mass is at 5:30 p.m. at Saint Mary Church, 9505 Gayton Road, Richmond. The dinner will follow in the Saint Mary Church Upper Commons. The keynote address will be given by Professor Hadley Arkes, Founder and Director of the James Wilson Institute on Natural Rights and the American Founding. Tickets for the dinner are \$65.00 each. The Saint Thomas More Society is an educational, fraternal, and service organization of Catholic lawyers. Further information can be obtained from Society President, James Schliessmann, [jeschliessmann@hotmail.com](mailto:jeschliessmann@hotmail.com) or 804-873-1035.



*Twenty-eighth Sunday in Ordinary Time  
October 15, 2017*

“Many are called, but few are chosen.” Consider following Christ more closely as a priest, deacon or in consecrated life. Call Father Michael G. Boehling, Vicar for Vocations, at (804) 359-5661 or email [mboehling@richmonddiocese.org](mailto:mboehling@richmonddiocese.org).



“On this mountain he will destroy the veil that veils all peoples,” Learn how to put aside the veils and masks that prevent true intimacy with your spouse by participating in a **Worldwide Marriage Encounter (WWME)** weekend. The next weekends are: Nov 10-12, 2017 in ATLANTIC BEACH, NC and Feb 2-4, 2018 in Clemmons, NC. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/> or contact us at [applications@renewmarriage-vasouth.org](mailto:applications@renewmarriage-vasouth.org) or 757-690-1369.



## EVANGELIZATION Three Parishes – One God

**“All are called, few will respond!”**



Do you have a bible in your home? Do you know where it is and where it came from? Is it in like new condition or is it beat up with pages falling out, markings on many pages, well used! Reading the bible is not something that most people do on a regular basis. I know that some of you do follow the daily readings of the Church and may spend more time in the bible than others. The bible is not a book that is meant to be read from front to back and there are hundreds of guides on how to read your bible, depending on what your goal is.

If you would like to know more about the bible and how to get the most out of reading it please join us on Tuesday evenings at the Church of the Sacred Heart in the parish center for “A Quick Journey Through the Bible”. This is an eight-week course in which we will learn more about the bible, its origin, how it is organized, why some bibles are different from others and how to get the most out of reading it.

We will meet on Tuesday evenings following the 6:30 Mass in the Parish Center starting October 17, 2017. If you have a bible, bring it, if not come anyway and we will help you in narrowing down your search for the bible that best meets your needs. By Christmas you will have a better understanding the bible and how it can affect your life through regular reading. What a great way to start the new year!

**What are you going to do with your 40 minutes this week?**

If you feel called to “Evangelization”, join us as we further our faith and do the work that God has called us to do. Your Unified Parishes’ Evangelization Team meets on the third Monday each month in the Parish Center at The Church of The Sacred Heart in Prince George, please join us. We are looking for individuals who are willing to “Encounter The Joy of The Gospel and Set the World Ablaze.

**“Are you willing to step up for Christ”**

This message is brought to you by **“The Unified Parishes’ Evangelization Team”**

**“Finding The Joy of Christ Together”**